DIET GREEN SMOOTHIE RECIPES



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Photo and recipe: Kath / Kath Eats. RELATED: 9 Smoothie Bowl Recipes You ll Want to Eat Every Morning. 8. Honeydew Mint Smoothie. Refresh yourself while indulging your sweet tooth with this light and fruity green smoothie. For an extra-cold drink, chill your melon and coconut milk in the fridge before making.

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10 Green Smoothie Recipes for Quick Weight Loss

Scrub Yourself Clean Green Smoothie Ingredients: cup strawberries; cup pineapple; 1 cup broccoli florets; 1 teaspoon honey; 1 cup almond milk #3. Purple Passion Green Smoothie. This Purple Passion Green Smoothie recipe is a spinach smoothie recipe that s full of antioxidants thanks to the strawberries and blueberries. http://ebookslibrary.club/10-Green-Smoothie-Recipes-for-Quick-Weight-Loss.pdf

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